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Health minister resigns on eve of eHealth report

POLITICS Ontario's health minister bowed to months of opposition pressure and tendered his resignation yesterday on the eve of a report into how the province spent $1 billion over 10 years to create electronic health records and handed out millions in untendered contracts.

A health ministry spokesman confirmed late yesterday that David Caplan would officially step down as health minister today.

Auditor General Jim McCarter will release a 50-page special report, which was commissioned last June as the Liberal government tried to defend itself against growing reports about sole-sourced contracts and expense claims by highly paid consultants at eHealth. Those expenses included allowing consultants who were paid up to $2,700 a day to bill taxpayers extra for minor purchases like snacks.

Opposition parties welcomed Caplan's resignation, which they've been calling for since the eHealth scandal first broke.

THE CANADIAN PRESS

NHL **Battle of Ontario**

FRANK GUNN/THE CANADIAN PRESS

Toronto Maple Leafs defenceman Ian White and Senators left winger Nick Foligno battle for position during first period action in Toronto last night. The Sens won 2-1. For a recap of the game, check out metronews.ca/sports; Ken Campbell looks at the aftermath of the Heatley deal, page 12.

Court lets CSIS spy abroad

Agency using tech wizardry to watch Canadians from afar

CSIS has recruited some Defence Department technical wizardry to sidestep legal limits on its ability to spy on Canadians travelling abroad.

Details of a Federal Court ruling released yesterday provide a glimpse of the highly advanced tools used by spies in the fight against terrorism and espionage.

A groundbreaking decision by Justice Richard Mosley reveals the Canadian Security Intelligence Service obtained a warrant to monitor two suspects considered threats to Canada late last year.

When it got wind the pair were leaving the country, CSIS won court approval to employ the secretive Communications Security Establishment, a wing of National Defence, to ensure the interceptions could continue.

An earlier court ruling had made it clear that CSIS could not legally carry out foreign eavesdropping without approval from the country in which the spying takes place.

However, with the help of CSE's extraordinary technical means, the interceptions would be "controlled from within Canada," Mosley said, making the operation legal.

"Information which may be crucial to prevent or disrupt the threats may be unavailable to the security agencies of this country if they lack the means to follow those lines of communication," Mosley wrote.

The Ottawa-based CSE collects and processes telephone, fax and computer communications of foreign states, corporations and individuals. The federal government uses intelligence gleaned from the interceptions to support troops abroad, catch terrorists and further Canada's economic goals.

Although CSIS enlisted CSE in intercepting the telephone calls of Canadians travelling outside the country, the actual eavesdropping would legally take place "at the locations within Canada where the calls will be acquired, listened to and recorded," said Mosley's reasons, made public yesterday.

It is unclear what other kinds of intelligence-gathering might have been involved, but Mosley's decision makes it clear CSIS also hoped to benefit from CSE's ability to collect information through other electronic means.

THE CANADIAN PRESS

Boundaries

- CSE is generally prohibited from spying on Canadians, but it can assist CSIS and police agencies acting under judicial warrants.

Transit union slams sick leave policy

TIM WIECLAWSKI
tim.wieclawski@metronews.ca

The union representing OC Transpo drivers and maintenance staff is calling the city's leave policy "dangerous and unfair," to transit staff in the face of the upcoming flu season.

In a move to curb unusually high absentee rates among drivers, OC Transpo stopped granting special permission days, split vacation days or requests for leave to drivers until the rates have dropped.

A memo to employees last week revealed that during the last two weeks of September, nearly 10 per cent of the available drivers called in sick.

Yesterday, Amalgamated Transit Union Local 279 president Andre Cornellier fired back at OC Transpo, stating that such a policy runs contrary to the advice of the city's own medical staff. "The experts are telling us what to do — stay home if you're sick," said Cornellier. "Forcing sick employees to come into work will just increase the risk to everyone."

Cornellier said drivers are coming into contact with sick people taking the bus to doctor's offices, urgent care clinics and hospitals every day. Combined with the stressful conditions at OC Transpo, he said it should be no surprise that drivers and mechanics are getting sick more often than office workers.

News on the Move

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World pg 9

Millions die in childbirth, report says

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Local

NFB hosting free pixellation workshop

With the Ottawa International Animation Festival less than a week away, the National Film Board of Canada is hosting a free pixellation workshop at the Rideau Centre this Saturday. From 10 a.m. to 4 p.m., animators from the National Film Board of Canada will be heading a workshop featuring the stop-motion animation technique that consists of shooting people and objects — whose movements are controlled entirely by the animator — one frame at a time. METRO OTTAWA

METRO INTERNATIONAL NEWSPAPER OF THE YEAR
2009 Festival of Media Awards

News in brief

GRAFFITI Ottawa police are requesting the public's assistance in identifying suspects after investigating 50 graffiti incidents overnight Sunday. Suspects not known to police spray-painted gang and anti-police tags on about 50 vehicles, houses, fences and the streets in the south end of Ottawa.

INDUSTRIAL ACCIDENT Police and the province's Ministry of Labour are investigating after a man was injured in an industrial accident Monday night. A contractor working in the Stittsville area was unloading a delivery of drywall by himself in the dark when the boom he was operating made contact with an energized high voltage power line.

METRO OTTAWA

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What's online today.

Video Despite slumping poll numbers, federal Liberals stand by their strategy at **metronews.ca/canada**

Your Money Allan Small on the effect grim U.S. employment numbers may have on economic recovery at **metronews.ca/investing**

Lotteries

Ontario Pick 3: 2 3 9; **Ontario Pick 4:** 0 2 6 2
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Trial run **Calypso summer 2010**

ETIENNE RANGER/FOR METRO OTTAWA

The Calypso Theme Waterpark in nearby Limoges opened for a trial run yesterday. The $45-million waterpark, which features 100 acres of waterpark, 35 waterslides, the largest wave pool in Canada measuring the size of three NHL hockey rinks and two international-calibre volleyball courts, opens June 7, 2010. And to save visitors from having to lug around their wallets, the park will use a state-of-the-art fingerprint technology to link to cash accounts.

If a new mayor had been needed ...

TIM WIECLAWSKI
tim.wieclawski@metronews.ca

Voters in Ottawa might have been electing a new mayor on Nov. 24, had Larry O'Brien's trial ended differently.

That O'Brien was found not guilty by Justice Douglas Cunningham makes the point moot, but according to a report prepared by the city clerk's office in the event of a guilty verdict, council had three options.

A citywide election would have been the most costly at $4.1 million and would have taken at least 105 days to pull off.

The cheapest option would have been to continue rotating through the deputy mayor position. However, in order to conform to the Municipal Act, councillors without special provincial leave would have to vacate their own seat to take the mayor's seat and then resign from the position within 60 days in order to be reappointed as councillor.

While a byelection in only one ward would cost $300,000, to appoint a new mayor from the general population would have cost around $20,000 to advertise the position.

Value of city's building permits down as others up

CONSTRUCTION While the value of building permits went up in Ontario and Canadawide in August, permits went down in Ottawa in that same time period.

In Ontario, building permits totalled $5 billion in August, up 7.2 per cent from the month before, Statistics Canada said yesterday.

In Ottawa, August permits were valued at $159.6 million, down 2.4 per cent from the month before, when permits were valued at $163.7 million. However, just across the river, Gatineau saw an increase in the value of permits, jumping from $30.1 million in July to $35.6 million in August.

TRACEY TONG/METRO OTTAWA

OSEG carries most of risk: City manager

Committee hears Ottawa buffered in Lansdowne plan

TRACEY TONG
tracey.tong@metronews.ca

The City of Ottawa would be insulated from the majority of the risk, should a partnership between it and the Ottawa Sports and Entertainment Group to rebuild Lansdowne Park fail.

"I think it's important to talk about if that happened," city manager Kent Kirkpatrick told the corporate services and economic development committee in a briefing yesterday.

The majority of operating risks and responsibility for operating losses will belong to the OSEG, said Kirkpatrick. The group would also be responsible for making cash contributions to reserve funds for the lifecycle maintenance of the stadium complex, the Aberdeen Pavilion and parking.

The OSEG would also be responsible for all construction risks and errors in design and estimating, schedule delays, cost escalations and defects, but it would share the financial risk of any environmental liabilities should they arise with the city.

"None are anticipated," said Kirkpatrick. "More work is needed to be done to ensure that expectation, but the risk would be shared between the city and the OSEG."

If the OSEG were to cease to exist, it would forfeit all of its rights under its agreements with the city. The city would still receive rent from the mortgage holder and property taxes from retail development.

Ownership of the sports franchisees would also revert to the city.

The project includes the refurbishment of the stadium, the Ottawa Civic Centre and two heritage buildings, the addition of 300,000 square feet of retail space, and the building of a new underground parking garage and a green space.

Costs

- Phase One, which includes the redevelopment of the entire site but not the optional residential hotel and office development, would see the city and the OSEG contributing capital of $129.3 million and $117.2 million respectively.

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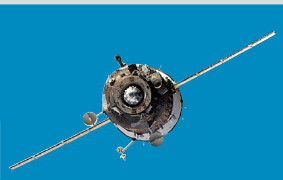
Complaints prompt new wine label
All three of Canada's largest wine producers are working on new labels for some of their best-selling wines after complaints that consumers were being hoodwinked into thinking they were made from Canadian grapes. THE CANADIAN PRESS

Canada



Cirque boss to get hefty bill

The final tab for Guy Laliberte's visit to the International Space Station could rise to nearly $50 million after this week's elaborate international show linking the Cirque du soleil founder with his terrestrial counterparts (pictured is TMA-16 spacecraft carrying Laliberte). Cirque officials confirmed their boss would get hit with another bill which will see 42 performers, 14 cities, and five continents linked to a video show hosted from the space station. THE CANADIAN PRESS

News in brief

ECONOMY The economic downturn has forced more Canadians to turn to food banks and feeding programs, says a new report from the Salvation Army. The organization, billed as the largest non-governmental direct provider of social services in Canada, has more than 275 food banks and feeding programs across Canada. A survey of staff across the country found that 72 per cent of respondents said demand for food services has increased.
THE CANADIAN PRESS

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Survivor talks on polygamy

Makes claims of rape, abuse

KRISTEN THOMPSON
Metro Canada

Living in polygamy is like living an Orwellian nightmare, says a former Bountiful resident and daughter of one of the founders of the community.

Brenda Jensen said her life was like that of the characters in Animal Farm, where the community lived in fear and was governed by corrupt, ignorant and greedy leaders.

"Polygamy is an empty black hole," said Jensen, 58. "It sucks the life out of life. I hated everything to do with it. I hated polygamy."

Jensen, who now lives in Nevada, said girls were raped and were told the abuse was a "lesson from God." The boys, she said, were given "carte blanche."

Jensen was a teen when her father, Harold Blackmore, moved with his two wives and dozen children — away from the fundamentalist Mormon community, which he called the "holy mafia."

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Activist to keep fighting to break up Bountiful group

B.C. When charges against two polygamist leaders from Bountiful were quashed by a B.C. Supreme Court judge, Audrey Vance became determined to find another avenue to break up a community she says violates women's rights.

Vance is the co-chair of Altering Destiny through Education, a Creston-based organization that helps women escape the nearby polygamist community.

"Just because we've had a set-back, we can't quit," she said, with regards to the Sept. 22 decision made not to charge Winston Blackmore and James Oler with polygamy. They may still face charges at a later date. But Vance said the right to religious freedom is trumping the rights of women and children.

"We've been making big allowances for minority groups because we want to be seen as (tolerant). But I think we're bending it too far," she said. "If Jehovah's Witnesses won't let their children have blood transfusions because of religious freedoms, the court overrules them."

That's why her group is concentrating on issues of immigration and income tax fraud.

KRISTEN THOMPSON/
METRO CANADA

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N.B. hotline set up
New Brunswick has set up a hotline after a review was ordered of tests done by a radiologist whose work has come under scrutiny. THE CANADIAN PRESS

PMO denies talks with Liberal MPs

Claims of trio seeking to cross floor shot down

The Prime Minister's Office sought yesterday to distance itself from reports coming from Immigration Minister Jason Kenney's office about possible defections of Liberal MPs to the Conservatives.

Dimitri Soudas, a PMO spokesperson, said that there was no truth to claims made to the Toronto Star by Kenney's communications director, Alykhan Velshi, about three Liberal MPs interested in crossing the floor to the Conservatives.

Soudas told the Toronto Star that Velshi's information was "bulls–," but could not explain why the communications director to the immigration minister, responsible for cultural-community outreach, would tell the Toronto Star about the potential floor-crossers if they did not exist.

Nor could Soudas explain why he was "outing" Velshi yesterday afternoon as the source of the tip to the Toronto Star.

Soudas went on to explain that in this government, only the PMO knows certain information and that Velshi wouldn't have had the kind of facts the Toronto Star was seeking.

Kenney's office was involved when Wajid Khan, a former Liberal MP from Mississauga, crossed the floor to the Conservatives in 2007.

Velshi, when asked on Monday whether there was any truth to speculation about Liberal MP Ruby Dhalla (Brampton-Springdale) crossing the floor to the Conservatives, said that there had been talks with three Liberal MPs, but Dhalla was not among them. Velshi made the remarks in the Commons foyer, with other reporters standing nearby.

According to Velshi, the three Liberal MPs had made the approach to the Conservatives, but he did not know their names.

The Prime Minister's Office, though, perhaps interested in cultivating peace with the Liberals, was quick to reassure reporters yesterday that Conservatives were not in talks with any Liberal MPs about floor-crossing. TORSTAR NEWS SERVICE

Alykham Velshi's background

- Alykham Velshi was the same aide who risked endangering his minister's (Jason Kenney) impartiality back in the spring when he showed up at immigration committee hearings circulating documents about Liberal MP Ruby Dhalla and a controversy over how foreign caregivers were treated while employed by her family.

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Lawyer blasts Stelmach over protester talk

ALBERTA One of Alberta's leading criminal defence lawyers is accusing the province's top law enforcement official of linking environmental activism with terrorism.

Ed Stelmach

Brian Beresh also says that recent remarks by Premier Ed Stelmach about 16 Greenpeace protesters are the worst example of political interference in the courts for more than a decade.

The activists are facing charges after a protest at an oilsands upgrader.

THE CANADIAN PRESS

News in brief

HEARINGS When the military police complaints commission hearing resumes today federal lawyers are expected to call into effect the 38th when witnesses are asked about what they knew about the alleged torture of Afghan prisoners. The 38th refers to Section 38 of the Canada Evidence act which can have the same effect of the U.S. Fifth Amendment's protection of a witness against self-incrimination. TORSTAR NEWS SERVICE

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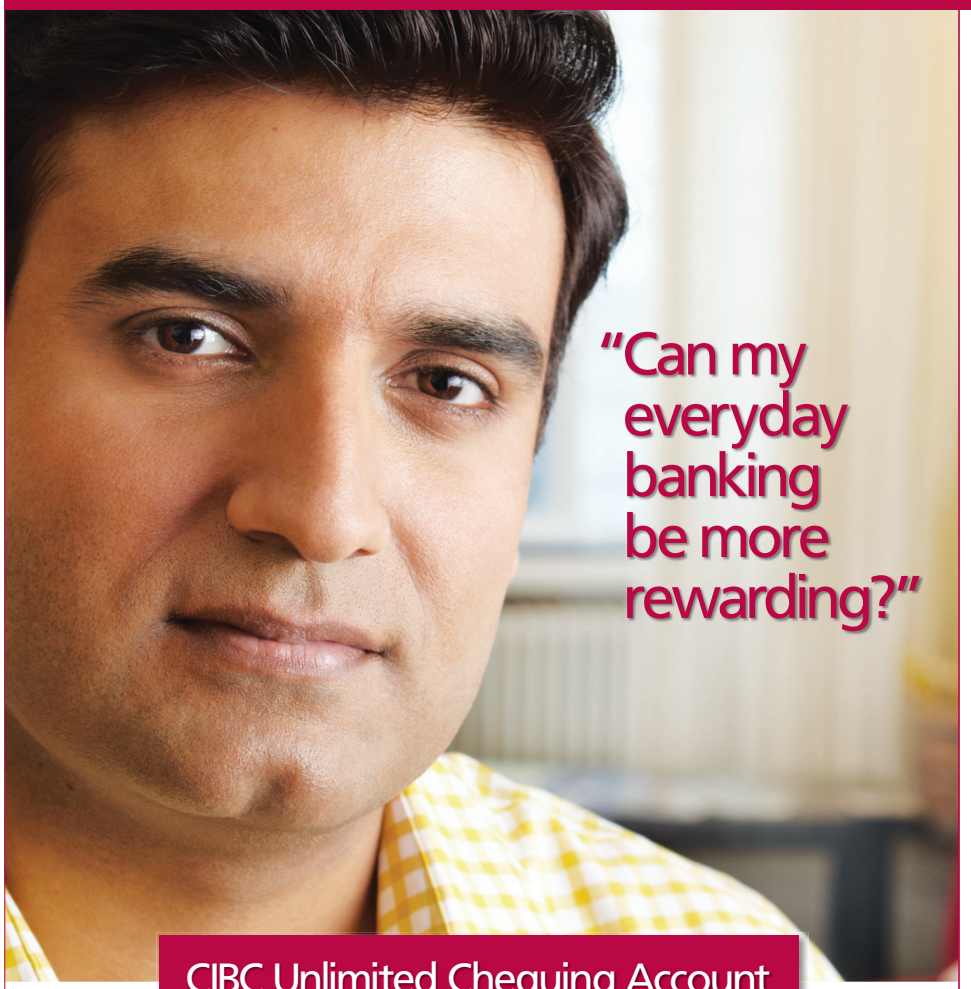

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Fat helps flying?
A U.S. military study has found pilots who ate the fattiest foods had the quickest response times in mental tests, and made fewer mistakes when flying in tricky conditions. THE ASSOCIATED PRESS

World

More than 2 million childbirth deaths yearly

More than two million babies and mothers die worldwide each year from childbirth complications, outnumbering child deaths from malaria and HIV/AIDS, according to a study released yesterday.

The study, launched at the International Federation of Gynecology and Obstetrics world congress in South Africa, also showed that such deaths could be easily avoided.

"The world will continue to miss the unheard cry of the 230 babies who die every hour from childbirth complications," unless there is better planning and implementation of policies.

Some 1.02 million babies are stillborn and another 904,000 die soon after birth. By comparison, 820,000 children die from malaria and 208,000 from HIV/AIDS worldwide. About 42 per cent of the world's 536,000 maternal deaths also occur during childbirth, according to the study. Africa and South Asia account for three-quarters of the deaths.

"Each death is a tragedy to a family — actually a double tragedy since almost all these deaths could be prevented," said Joy Lawn, who runs Save the Children's Saving Newborn Lives campaign.

The report said that many of the deaths could be avoided with improvements in basic health care, and training for local health care workers to perform emergency caesarean sections and other lifesaving techniques.

THE ASSOCIATED PRESS

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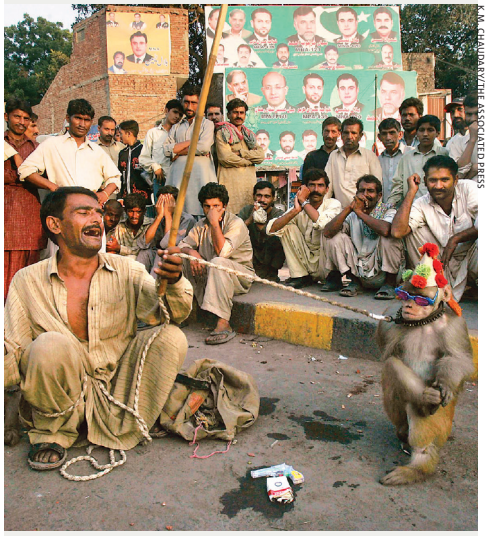
Pakistan **Barrel of monkeys**



A.M. CHAUDARY/THE ASSOCIATED PRESS

People watch a roadside monkey show in Lahore yesterday. These shows are usually seen in Pakistani rural areas and spectators offer money to owners of these animals.

News in brief

BRAZIL Brazilian police say they are hunting for a TV crime show host and former state legislator who is accused of commissioning killings to boost ratings. Agents say they haven't yet been able to find Wallace Souza. Authorities say the 51-year-old Souza orchestrated five killings to increase ratings for his Canal Livre show that featured graphic footage of crime victims.

ARREST Interpol agents have arrested one of the most wanted suspects in Rwanda's 1994 genocide, a former top intelligence official accused of sending soldiers to execute the Rwandan queen. Officers arrested former Rwandan deputy intelligence chief, Idelphonse Nizeyimana, on Monday in Kampala. Estimates range that between 500,000 to 1,100,000 of the Tutsi ethnic minority and moderates from the Hutu majority were slaughtered during the 100-day Rwandan genocide in 1994.

THE ASSOCIATED PRESS

Court aims to redefine cruelty videos

WASHINGTON U.S. Supreme Court justices, skeptical of a law aimed at graphic animal cruelty videos, touched yesterday on dog fights, bull fights, cock fights, bow-and-arrow hunting, even a hypothetical television channel devoted to human sacrifice.

The court weighed arguments over a 10-year-old law that bans the production and sale of the videos. A federal appeals court struck down the law and invalidated the conviction of Robert Stevens, who was sentenced to three years in prison for videos he made about pit bull fights. In the end, the justices appeared inclined to agree that the law is too broad and could, in some instances, apply to videos about hunting.

"Why not do a simpler thing?" Justice Stephen Breyer asked an administration lawyer. "Ask Congress to write a statute that actually aims at the frightful things they were trying to prohibit."

When Congress passed the law and President Bill Clinton signed it in 1999, lawmakers were especially interested in limiting Internet sales of so-called crush videos, which appeal to a certain sexual fetish by showing women crushing to death small animals with their bare feet or high-heeled shoes.

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Comment

Morons and sleazebags

Canadian politicians could learn from the U.K. mud slingers

TheWestView

CARL DE SOUZA/GETTY IMAGES

A news television crew holds up the front page of the U.K. Sun.

Is it just me, or are Canadian politics dull and uninspiring? I'm in London getting a close-up of the blood sport known as politics in the U.K. It makes what we do in Canada look like Nerf politics.

It's political convention season in England. Add an upcoming national election (May 6, 2010), and the likely prospect hapless Gordon Brown and Labour will be swept by David Cameron and his new, improved Tories, and the frenzy is fevered. The fever is frenzied? Works either way.

Last week, PM Brown tried to storm off a TV set when the host asked if he was on meds. Sadly, his dramatic exit was thwarted by a lapel mike so he had to sit down and get unhooked.

Then came treachery from former ally Rupert Murdoch, whose Sun, the biggest paper in the U.K., declared for Cameron and his Tories: "Labour's Lost It!" roared the traitorous tab, causing a union leader to tear up a copy on the convention stage.

Then you have internecine warfare as Cameron fights off a challenge from fellow Tory and "euroskeptic" Boris Johnson, the mayor of London, who wants a referendum on the European Union, mainly because Labour archfiend Tony Blair could end up as the president of the EU at the precise moment the Tories ascend to power.

And the media! Even on a bad day — complicated by wedgies — Canadian ink-stained wretches don't come close to the savage punditry displayed by the Brits on an "ordinary" day.

These guys make you gasp. Imagine a Canadian calling the cabinet "morons, sleazeballs and incompetents" as did the Telegraph's Simon Heffer. Or if Globe cartoonist Brian Gable had drawn Michael Ignatieff sporting bared breasts, as the Times did to David Cameron, under the title "Tory party conference pinup," with the caption: "Cameron enjoys the Sun but he has his knockers."

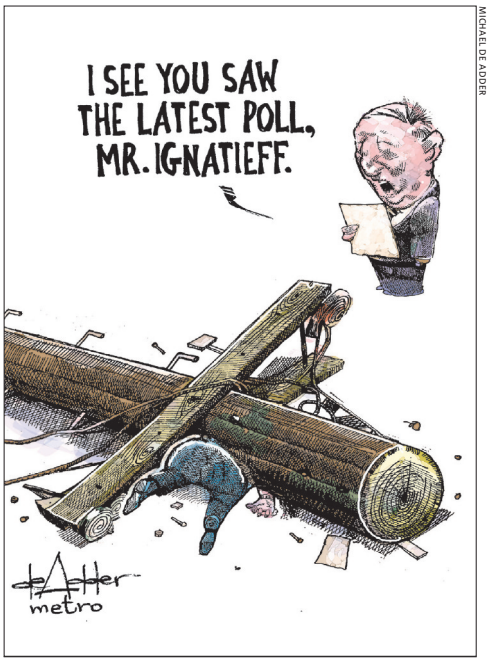
These U.K. media jackals may be crude, but they are invariably clever. And there are so many of them. Here, at least, there are no long lines of unemployed pundits. So every point of view is expressed … and expressed … and expressed.

The net effect is engaging. Politics matter almost as much as the soccer scores. People believe politicians can still be accountable, and the media aren't completely cowed.

When was the last time someone asked a Canadian politician if he/she was on meds?

The net effect is also inspiring. Canadian morons, sleazeballs and incompetents, take note.

Paul Sullivan is a Vancouver-based journalist and owner of Sullivan Media Consulting; vancouverletters@metronews.ca.



MICHAEL DE ADDER

Worth mentioning

Britain using Simpsons to push healthy eating

Forget all the pizza and doughnuts — the British government wants fans of The Simpsons to ditch junk food and eat more healthily.

The Department of Health is spending $1 million to sponsor episodes of the long-running U.S. cartoon series broadcast on Channel 4, as part of its Change4Life campaign.

Before the start of the sponsored shows, cartoon characters pretending to be the members of the dysfunctional animated family are shown sitting on a sofa tucking into ice cream and chips which then morph into more healthy alternatives. The government hopes that viewers will realize they should follow that behavior, and not the beer-swilling, doughnut-guzzling diet of Homer Simpson and his family.

The Public Health ministry said the aim was to produce innovative ways to reach the target audience. REUTERS

Word on the street: Do the arrests of religious leaders have an impact on your beliefs?

Khadem Miah
age 48, Toronto
A: Anyone who does any kind of crimes, especially serious crimes, are not religious.

Julie Wu
age 21, Ottawa
A: If it affected me and my family, obviously I would feel some emotion for it, but it doesn't affect my beliefs. I'm not a very religious person.

Tanner Cormier
age 22, Toronto
A: If anything, it really fosters my opinion that there are problems within the Catholic church that need to be dealt with.

Jackie Pierce
age 49, Ottawa
A: The actions of one tormented individual have no effect on my underlying belief structure. I still believe. It's just one individual.

Maria Springer
age 45, Toronto
A: No. We all believe in what we want to believe in and everyone should be able to believe in what they want.

Nahielly Fernandez
age 20, Ottawa
A: I feel sorry for the families of the victims. It's a shame these things keep coming up, but it doesn't affect me. I'm not Catholic or anything.

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38% of Canadians approached by scam artists last year: Survey
A survey released Monday suggests thirty-eight per cent of Canadians were approached by investment scam artists last year, CBC News Online reports. More than 6,300 Canadians were polled in the survey, which was commissioned by the Canadian Securities Administrators. METRO NEWS SERVICES

Business

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EDITOR: FERMIN.DESOUZA@METRONEWS.CA

EI premiums could rise, says analysis

Canadian workers could see employment insurance premiums rise by $632 over four years while employers may face even bigger hikes if the government is to meet economic update targets, according to economic forecaster Dale Orr of Economic Insight.

The analysis, released yesterday, estimates that Finance Minister Jim Flaherty's revenue projections on the EI account builds in a sizable employment tax hike for both workers and employers of about $15.5 billion by the 2014-15 timetable laid out in last month's update.

When it issued the update, Ottawa said it could return to balancing the budget after the 2014-15 fiscal year without raising taxes, but did acknowledge it will likely entail increases in EI premiums to balance the account over time.

The new analysis puts a figure on just what it will take to do so.

Economist Dale Orr says premiums must rise from the current $1.73 per $100 of earnings — which will be frozen for another year — to $2.33 over the next five years.

That will result in an accumulated extra payment of $632 for every worker earning more than the bottom threshold of $42,300.

As well, employers will need to fork over about $884 per worker during the period.

THE CANADIAN PRESS

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Business in brief

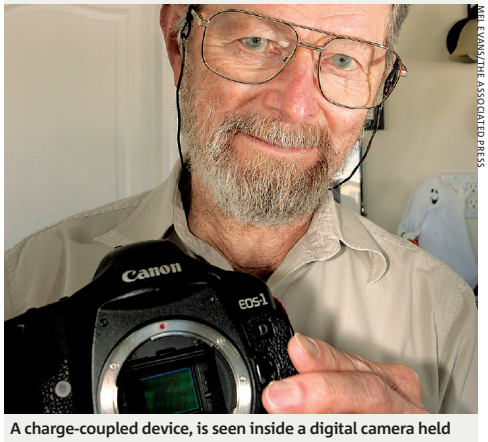
MEDIA Canwest Global Communications Corp., owner of Global Television and the National Post newspaper, has received court approval for a bankruptcy restructuring that affects a chunk of its operations and puts the media company's ownership potentially into foreign hands.

SMARTPHONE BCE Inc.'s Bell Canada and Telus Corp. say they will begin offering two models of the Apple iPhone smartphone in November, a move that will put added pressure on rival Rogers Communications.

STATSCAN The value of building permits totalled $5 billion in August, up 7.2 per cent from July. Statistics Canada reports the bulk of the increase came in Ontario and British Columbia.

THE CANADIAN PRESS

Digital camera Nobel Prize



MEL EVANS/THE ASSOCIATED PRESS

A charge-coupled device, is seen inside a digital camera held by George E. Smith, 79, at his home in Waretown, N.J., yesterday after it was announced that he had won the Nobel Prize in physics. Smith along with Willard S. Boyle, 85, were honoured for inventing the eye of the digital camera.

TSX soars as U.S. dollar weakens

ECONOMY The Toronto stock market gained more than two per cent in late morning trading yesterday as commodity prices soared in response to a weakening U.S. dollar.

The S&P/TSX composite index saw broad-based gains, but was led by the gold sector as it added 240.05 points to 11,342.67.

Both oil and gold gained substantially as the U.S. dollar continued to weaken amid fears that inflation will result from massive stimulus spending, boosting the commodity heavy TSX. The weakening greenback also caused the loonie to soar. The dollar added 1.16 cents to 94.61 cents US.

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Bruins give Lucic $12.25M extension
The Boston Bruins have signed forward Milan Lucic to a $12.25-million US, three-year contract extension. THE ASSOCIATED PRESS

Sports

EDITOR: CHRIS.CLEMENTS@METRONEWS.CA

Heatley deal's success hinges on Michalek

TheHockeyNews

Ken Campbell
thehockeynews.com

One thing you can say about Milan Michalek is that he's no Dany Heatley. And that would probably be a good thing given Heatley's status as Public Enemy No. 1 in Ottawa these days.

But there's little doubt the Senators' success in the Heatley trade will be measured by what they get from Michalek. To that end, it doesn't really matter whether Heatley flourishes and is a perennial 50-goal scorer for the San Jose Sharks because he put them in an untenable situation when he demanded a trade. The Senators had no choice, so the focus shifts to Michalek.

If Jonathan Cheechoo ever rediscovers anything close to the scoring touch when he won the Rocket Richard Trophy with 56 goals in 2005-06 and followed that with a 37-goal season the next year, it will be a bonus. But to be honest, nobody is counting on that, least of all the Senators, who obviously don't feel Cheechoo has earned a position among the team's top six forwards.

For now, at least, Michalek has taken Heatley's spot as the left winger on the top line alongside Jason Spezza and Daniel Alfredsson, but the fact is Michalek probably couldn't be more different than Heatley.

And once again, that might be a good thing.

To be sure, Michalek is bigger and much more physical than Heatley could ever be. He's just shy of four years younger than Heatley and comes with a much more manageable salary cap hit.

Like Heatley, Michalek has top-shelf speed, but unlike Heatley, Michalek definitely does not have top-shelf hands.

But here's the biggest difference and it's one the Senators might like. Michalek will work the corners for Spezza and Alfredsson the way Heatley could not. That should result in a decent number of loose pucks for Spezza to either bury himself or dish off to Alfredsson.

Michalek has certainly been given the chance to shine. It's time for the anti-Dany Heatley to show what he can do.

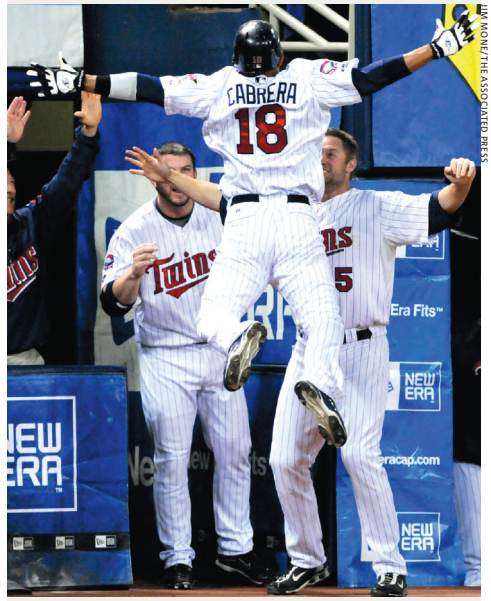
The Hockey News thn.com

Sens win

- Daniel Alfredsson's second-period goal on a penalty shot gave the Ottawa Senators a 2-1 victory over the Toronto Maple Leafs last night.

For full game coverage, visit metronews.ca/sports.

Tiebreaker Twins are in


JIM MONE/THE ASSOCIATED PRESS

Minnesota Twin Orlando Cabrera leaps into the arms of teammate Michael Cuddyer after hitting a two-run home run against the Detroit Tigers last night in Minneapolis. The Twins won the AL Central tiebreaker 6-5 in 12 innings, and will begin a series against the New York Yankees today in New York.

Sports in brief

TENNIS Serena Williams needed only to win her second-round match at the China Open yesterday to reclaim the No. 1 ranking, because the current top-ranked player, Dinara Safina, couldn't get past that early round at the tournament. Safina lost to local wild card entry Zhang Shuai in the second round Monday, while Williams beat Ekaterina Makarova yesterday.

NFL Conservative talk radio host Rush Limbaugh said yesterday he is teaming up with St. Louis Blues owner Dave Checketts in a bid to buy the St. Louis Rams, owners of the NFL's longest losing streak at 14 and just 5-31 since 2007. Forbes magazine has estimated the Rams franchise has a value of $929 million US .

METRO NEWS SERVICES

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Douglas College enrolment boom
B.C.-based Douglas College is welcoming 9,500 students taking credit courses this fall, an overall increase of 7.3 per cent. METRO NEWS SERVICES

Workology

The goal: $500,000,000

At the opening of the Claudette MacKay-Lassonde Pavilion on Saturday, the University of Western Ontario formally launched the public phase of its $500-million Make a Difference fundraising campaign. Over $130 million has been raised to date.

METRO NEWS SERVICES

EDITOR: DOUGLAS.DUNLOP@METRONEWS.CA

Help Loblaw help you

TIM WIECLAWSKI
Metro Canada

University and college grads today are enter possibly the toughest labour market in generations, but smart companies also realize that it's a good time to stock up on talented young employees.

With unemployment rates for young adults hitting 16.4 per cent this past summer, Loblaw Companies Limited launched its grad@Loblaw program to recruit some of the best and brightest coming out of Canadian universities and colleges.

"We're taking a long-term approach to investing in talent and developing skills and abilities across colleagues," said Nan Oldroyd, Loblaw senior director of recruitment and diversity.

Over the next five years, Loblaw Companies Limited will be hiring 1,000 recent grads through the company's program.

Once selected for the 18-month training program, the grads immediately receive full-time salary and benefits while they prepare for careers in store management, IT, marketing, merchandising or finance.

The first six months of the program is spent training in various departments inside one of the stores.

"I went through the grocery department. I did the grocery night crew, which is its own sort of animal. It's different from grocery days," said recent University of Ottawa grad Brian Partridge, who is currently in the first phase of the program at a store in Ottawa.

"They spend time to help you learn everything that you need to go further."
Mark Dolan, grad from Halifax

Despite having worked as a cashier at Loblaw for years, Partridge said he learned a lot from working in the other sections of the store.

After the first phase, graduates spend three months learning about the company's purchasing, promotions and inventory management. The final nine months are spent apprenticing in the position that they were hired to do, with the knowledge and experience from the previous rotations to help guide them.

After just five months learning at the store, Mark Dolan is already filling in as assistant store manager at a Superstore in Halifax.

Dolan graduated with a commerce degree in marketing but with years of warehouse experience, he's entered into the supply chain stream of the program.

Dolan said he was drawn to the programs for the career potential the support that a nation-wide company could offer.

"They spend time to help you learn everything that you need to go further," he said. "A couple of the other opportunities I had were just to start a job straight away at the bottom line. This had more room for growth and more room to learn."

Another bonus was the chance to work close to home but still be with a company that has a lot of room for career growth.

"Our colleagues are our greatest strength" said Judy McCrie, executive vice-president, human resources. "The grad@Loblaw program is just one way that we are committed to attracting and retaining the best people to help ensure our long-term success."

Apply online at loblawgrad.ca by Friday.

ANTONELLA MIGLIANO PHOTO

Richard Rivera, manager, left, and Paul Sudarsan, a Toronto-based grad from Ryerson University, are seen here at a Toronto Real Canadian Superstore. Sudarsan is part of the grad@Loblaw program.

'Reforming' civic justice

WorkplaceLaw

Our civil justice system is one of workplace law's greatest flaws. Corporations, with expensive lawyers and deeper pockets, are permitted to make the costs of litigation too excessive for the average employee. By introducing new rules for Jan. 1, 2010, however, the Ontario government figured that would all change. Sweeping amendments to Ontario's civil procedure were designed to make lawsuits more accessible and cost-effective. The Attorney General's press release boasts that the reforms will make it less expensive to access justice and easier to use the courts to quickly resolve disputes.

But not so fast. In redesigning the rules, the government may have simply traded one set of problems for another. Ironically, many of the new rules may actually end up costing more and taking longer. Some problems:

- Small Claims Court jurisdiction. The previous cap of $10,000 on all small claims will be raised to $25,000. While, at first blush, this appears to favour employees, who can now pursue more substantial claims, I have various concerns. The Small Claims court is already flooded with lawsuits and a roster of "deputy judges" that seldom have the time or training to resolve disputes without a trial. It is not unusual to wait up to a year for a trial or to appear on your court date only to have the matter rescheduled. Once the caseload increases, inevitably, the wait will too.

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Daniel A. Lublin is an employment lawyer focusing on the law of dismissal; dan@canadaemploymentlawyer.com.

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Jobs & Training

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SPECIAL FEATURES EDITOR: STEPHANIE.BOMBA@METRONEWS.CA

Some job growth in Ottawa

TRACEY TONG
tracey.tong@metronews.ca

One of the sectors that has seen the biggest increases in employment across Canada is construction.

About a year after the downturn of the labour market, things are looking up.

"For the first five months, (the labour market) fell steeply," said Vincent Ferrao, an analyst with the labour statistics division of Statistics Canada. "Since October 2008, there have been significant job losses. And for the first five months of the downturn, from November to March, there were steep declines in Canada at the national level."

But the market, which has been in a downturn since October of last year, began to recover in June, he said.

"In the last five months, there were still declines, but they were much less pronounced. And in August, we saw an increase."

Canadawide, employment went up in August from July, with 27,000 more people working in August than in July. In Ontario, there were 12,000 more people working in August compared to July.

The increase in Ottawa-Gatineau was "significant," with 9,000 more people working in August than in July.

While there were declines in Ottawa-Gatineau, public administration has been holding its own, said Ferrao.

"That's sort of helped Ottawa-Gatineau not to follow the national trend too much," he said.

"While the latest GDP releases showed that there the economy has sort of stabilized ... we haven't recovered all the jobs lost since the beginning of the downturn," Ferrao said.

Canadawide in August, the sectors that have seen the biggest increases include construction (up 12,000 jobs), resale and wholesale trade and sales jobs (up 21,000), finance insurance real estate and leasing (up 18,000), professional, scientific and technical services (up 10,000) and recreation and culture (up 9,000).

In Ontario, the sector that saw the biggest increases were construction and professional, scientific and technical services.

Still, there were some declines in August, hitting the areas of manufacturing, which fell by 9,000 jobs and educational services (down 24,000).

"In Ontario, the manufacturing sector was particularly hit during the downturn," said Ferrao.

"If you look at the last five months with the focus on August, things are looking up," he said. "But only time will tell if a trend is developing."

Canada's youth jobless rate hit a 30-year low, a report says.

Jobless rate for youth on the rise

Canada's youth jobless rate has soared under the economic pressures of the past year and even the lucrative summer months were a bust with young people's hours of work hitting 30-year lows, a report released yesterday said.

Canada's Vital Signs 2009, the annual report card on quality of life from Community Foundations of Canada, said youth unemployment rose from 10.7 per cent in January 2008 to 16.3 per cent by this summer.

As of August 2009, employment among youths was falling faster than in any other age group, it said.

Among students looking for summer jobs, 19.2 per cent were unemployed this summer and for those who found work, the average number of work hours, 23.4 per week, was the lowest in more than 30 years.

"The report shows us how the impact of the recession has been immediate and severe for vulnerable groups, such as youth," said Monica Patten, president and CEO of Community Foundations of Canada, in a statement.

"It also shines a light on inequities that pre-date the recession, such as the disturbing high school completion rates among the aboriginal population."

The report said Aboriginal students are attending and completing high school at much lower rates than the non-Aboriginal population.

The Aboriginal high school completion rate was 56.3 per cent in 2006, compared to a rate of 76.9 per cent among the non-Aboriginal population.

THE CANADIAN PRESS

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Words of wisdom
"Today's economy proves that business planning should be an ongoing process," says Kyle McNamara, managing director of small business at Scotiabank. "You shouldn't just write a plan and let it collect dust. It should guide you through good times and bad." NEWS CANADA

Most trades 'recession-proof'

TRACEY TONG
tracey.tong@metronews.ca

Before becoming an apprentice in a trade, such as an automotive service technician, you have to have a job in the field first.

Trades have grown.

A number of years ago, the government realized that there was a shortage of skilled trades people, and started a campaign, said Jeremy Anderson, acting academic chair of the School of Transportation and Building Trades at Algonquin College.

"People are definitely more aware," said Anderson. "People are looking at skilled trades for just what it is — you have to be skilled. And they're good-paying jobs."

While Anderson oversees about 12 different trades, including refrigeration technician, plumbing, automotive service technician, cabinetmaking, welding, carpentry and truck and coach technician, there are more trades that require apprenticeships. One of the hottest trades of the moment is any construction trade, Anderson said.

To keep up with the demand, the college will create more spaces for apprentices with the new Algonquin Centre for Construction Excellence, slated for completion in fall 2011. The groundbreaking will be held Friday, Oct. 16.

But before becoming an apprentice, you have to have a job in the field first.

"You have to be a registered apprentice and have to have had a job in the field at some point," Anderson said.

While getting into the apprenticeship program requires finding work experience in a field — possibly without experience — seems like a Catch-22, there are programs at Algonquin where graduates can apply for entry level apprenticeships, said Anderson.

While an apprenticeship can last anywhere from two-and-a-half to five years with generally three eight-week blocks of classroom time — longer than the average college or university experience — people should keep in mind that apprentices are getting experience at the same time.

"And they're not looking for work when they come out," Anderson said. "They're in the workforce right away," he said, where university and college grads often leave without any real-life experience.

While a lot of trades have remained stable in the area, "for the most part, trades tend to be recession-proof," Anderson said.

Taking on apprentices is good for businesses, too.

"Ninety per cent of training is done on the job, so an advantage is always having your employees renewed," he said. "You're continually bringing in young people who replace the folks that are retiring or moving into management. In the next 10 to 15 years, a huge percentage of tradesman are going to retire, and not just in Canada," he said. "It's kind of a global thing."

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MADD across country

Mothers Against Drunk Driving (MADD) Canada and Allstate Insurance Company have kicked off a cross-country tour to alert young people to the deadly consequences of impaired driving. The tour includes MADD Canada's 2009-2010 High School Multi-Media Assembly Program. CANADIANDRIVER.COM

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EDITOR: KUMAR SAHA, KUMAR.SAHA@METRONEWS.CA

A Mercedes Canada loves

GLK cuts no corners when it comes to style, performance

JIM ROBINSON
for Metro Canada

While most manufacturers are shying away from offering new SUVs, Mercedes-Benz has no less than five, the newest being the "compact" GLK.

The reason compact is in quotes is because it's intermediate to my eyes although it is classified in the compact class.

But the compact SUV section is where the action is because they appeal to a lot of Canadians who aren't as keen on large trucks like our American neighbours.

And it could well be Mercedes-Benz has intentionally blurred this line to make it attractive to two sets of buyers.

Visually, it is more upright and squared off at the shoulders than a M-Class or big GL-Class and sculpted in angular lines with a touch of "Jeepness," a look that North Americans have come to identify with off-roaders.

The beefy exterior is offset by the luxurious interior that is similar in looks and feel to the M- and GL-Class. Mercedes cut no corners on appointments and materials.

The model we get here will be called the GLK 350 4Matic with the 3.5-litre, DOHC V6 found in just about everything Mercedes builds. In the GLK it produces 268 hp and 258 lb/ft of torque through the now, near standard 7G-Tronic seven-speed automatic/sequential transmission.

The GLK starts with the 3.5-litre and 4Matic all-wheel-drive at $41,800.

After that, options are few but one Canadians love is purchasing the base GLK and adding just the 20-inch alloy wheels and aluminum roof rails that come with the Sport Package (a steal at $800) that look even bigger than they are if the truck is painted in black or silver.

The leather-lined (man-made or real) cabin is sumptuous with the driver and passenger getting Neck-Pro crash-responsive head rests that move forward to cup the head in an accident. Of course there is cruise and power everything, but the Mercedes Thermatic dual-zone climate control is also standard and it really works.

The GLK 350 comes with what Mercedes calls its dynamic handling control system that includes anti-lock braking, Mercedes' own version of traction control called 4ETS that works in conjunction with the Electronic Stability Control (ESP) and electronic brake assist.

On the highway, the speed sensitive steering firms up nicely and the standard Agility Control (that automatically adapts the shock to changing road conditions) make for a ride more like big E-Class sedan.

Another standard feature is the 4Matic all-wheel-drive system. It goes well beyond simple "slip and grip" systems that really don't engage until it is sometimes too late. 4matic is permanently engaged with the result the driver doesn't have to worry about response times. With this knowledge, the driver can contend with adverse road and/or weather conditions without having to switch to all-wheel-drive.

The 2010 Mercedes-Benz GLK 350 4Matic is called a compact SUV and is one of the automaker's bestselling vehicles in Canada; inside, the GLK 350 4matic is a combination of man-made or optional real leather and very wide range of standard and optional equipment.

2010 Mercedes Benz GLK 350 4Matic

Type: Compact luxury SUV
Price: from $41,800
Engine: 3.5-litre, DOHC V8 (268 hp, 258 lb/ft.)

Highlights

- Compact SUV with the style of an off-roader
- Affordable Sport package

AutoPilot

Michael Goetz

Read this week's column at metronews.ca/autopilot

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*MSRP for new 2010 Mazda3 GX (D4XS50AA00) and Mazda3 Sport GX (D5XS50AA00) ($15,995/$16,995 less $1,000 October Bonus for manual GX with no air conditioning models only). $1,395 freight and P.D.E. $65 PPSA, $5 OMVIC transaction fee, licence, insurance and taxes extra. †0% APR Purchase financing for up to 36 months is available on all new 2010 Mazda3 models. Based on a representative agreement using financed amount of $15,000, the cost of borrowing for a 36-month term is $0, monthly payment is $416.67, total finance obligation is $15,000. ‡No-charge scheduled maintenance at 8,000, 16,000 and 24,000 km available until November 1, 2009. This offer has no cash value and cannot be transferred or assigned. All no-charge scheduled maintenance must be performed at Elite Mazda. All offers end November 1, 2009. Visit ELITEMAZDA.CA for more information.

MAZDA GRADUATE PROGRAM

Road to hands-free driving

These days, it's a smart call to go hands-free while driving. Come Oct. 26, Ontario will be the latest Canadian province to ban handheld devices, including cellphones, in cars. The crackdown on distracted driving is catching on fast — Quebec and Nova Scotia have already done it while British Columbia is next up. To help you switch gears, Metro Drive will feature some in-car hands-free products throughout this month.

THE YADA YD-V1 HEADSET WITH CHARGER

The YD-V1 is an ultra-lightweight headset that comes with different sized ear buds. It also includes a 12V direct charger to juice it up while driving. If you don't like the idea of a headset hugging your ear all the time, then YD-V1 is a good option. To answer incoming calls, simply pick up the headset and place in ear and the auto answer feature allows you to start talking immediately. To end a call, replace the headset in charger. Available at Canadian Tire. $79.99

MOTOROLA H790

The mobile company claims its their thinnest dual-microphone headset. The H790 is stylish for sure with its sleek design and easy wearability. It also delivers outstanding call quality using Motorola's CrystalTalk technology, which suppresses background noise for pure-sounding calls, so you can hear and be heard even in noisy environments. Compatible with over 200 Bluetooth enabled phones. Price not available. METRO NEWS SERVICES

States of handheld

- **Already banned:** Newfoundland & Labrador, Quebec, Nova Scotia.
- **Upcoming ban:** Ontario, British Columbia.
- **Mulling ban:** Manitoba, Saskatchewan, P.E.I.
- **No to ban:** Alberta

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Reno tip

Kitchen and bathroom remodelling projects are among the most disruptive undertakings, so buyers especially appreciate upgraded fixtures, appliances and décor in these rooms. HGTV.CA

Reno Rebate

Update the office

Remodelling a home office is becoming increasingly popular. Be sure to plan for plenty of electrical and cable outlets to accommodate all the required machines and gadgets. The potential return on your investment is between 60 and 73 per cent. HGTV.CA

SPECIAL FEATURES EDITOR: STEPHANIE.BOMBA@METRONEWS.CA

Tips to redesign your bathroom

Decorating a bathroom can be time-consuming, costly and difficult without an effective plan of action.

Sue Rainville, director of marketing for Hunter Douglas, offers the following decorating tips for an elegant bathroom redesign without the cost of an extensive renovation:

Atmosphere

Avoid busy patterns if you want the view outside to be the focal point. If not, bring the outdoors in with colours and textures drawn from nature. Place candles, scented oils and lotions around the room for tranquil scents and decorations. Install dimmer switches for a relaxing atmosphere.

At the window

As bathroom windows are typically the smallest windows in the home, select treatments that let in the largest amount of light. Consider adding window fashions such as those from Hunter Douglas with a top-down/bottom-up installation with the option of opening the shade from the top and stacking it at the bottom for complete privacy, natural light and a view. You can also raise it from the bottom, or both ways at the same time.

Furnishings

Peruse consignment shops or your family's attic to see if there are vintage pieces that could be repurposed as vanities or medicine cabinets to bring individuality to the room. Add an opulent mirror above the sink or a ruffled fabric skirt to a pedestal sink for instant drama. Place a free-standing bench inside the shower to relax and linger while cleansing.

Hardware

Substitute boring knobs and hooks for quirky, colourful replacements. Rather than using a classic bar for a towel rack, arrange a line of interesting hooks that allow for more hanging space.

Storage

Always keep additional towels and washcloths within reach.

Use bins and other containers to organize linens, candles and other bathroom items for a quick re-supply when necessary.

NEWS CANADA

These Vignette Modern Roman Shades by Hunter Douglas are available with a top-down/bottom-up design option.

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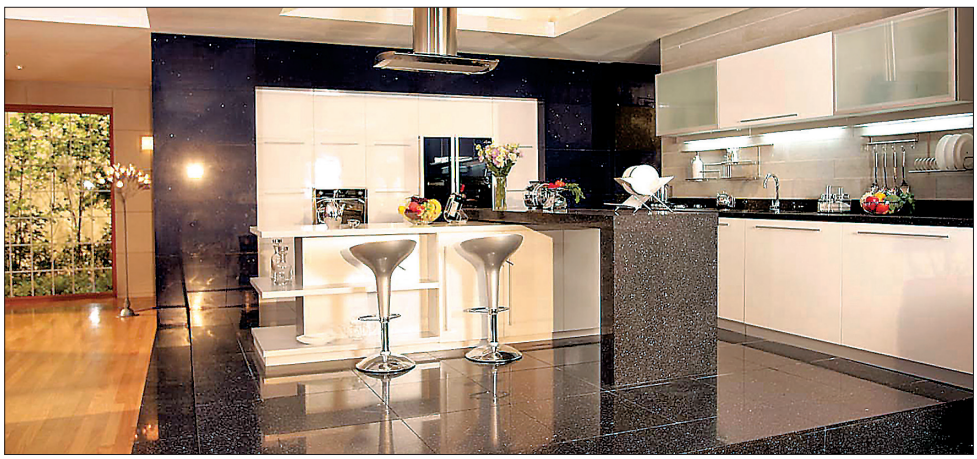
Quality and timelessness are found in structures built with brick and stone. But after years in this harsh Canadian climate, masonry needs a little refurbishing due to weathering.



Quartz, which is low maintenance and highly durable, has emerged as the preferred countertop material in homes across Canada.

Quartz highly durable

By now, most savvy homeowners are fully aware of what designers, builders and architects have known for the past few years — quartz is king.

Unique in combining depth and colour consistency with low maintenance and durability, it has emerged as the preferred countertop material in homes across the country.

Beyond its ultra-durability, quartz has also become the focal point of kitchen and bathroom designs across North America because of its uniquely sophisticated and timeless look. Now these same distinct characteristics can also be found underfoot with the new elegant Accolade Quartz tile collection. This hot entry in the premium quartz surface category is poised to leave an imprint on this established décor trend.

"With a palette characterized for combining the most sought-after tones with extraordinary depth and clarity, this collection is design-driven for fashionable concepts," says Mark Hanna, president of Montreal-based Leeza Distribution Inc., one of North America's distributors of quartz surfaces. "Maintaining solid performance and durability, this quartz tile collection is suited for a wide range of design needs from contemporary accents to the latest trends."

The highlight of the collection is its unique colour palette.

"Superior hues and subtle colour distinctions, creating character, are vital components of innovative design," Hanna added. "This rich and varied pallet assures distinctive visual creations."

Engineered for design challenges in high-traffic areas, the tiles feature superior quartz combined with innovative technology, which assures exceptional resistance to harsh elements, abrasion and shock. They're non-porous, require no sealing and are designed to be virtually maintenance free.

NEWS CANADA

About the HRTC

- The Home Renovation Tax Credit of up to $1,350 applies to alterations "of an enduring nature and integral to the dwelling," meaning anything that is nailed down or wouldn't get transported away.
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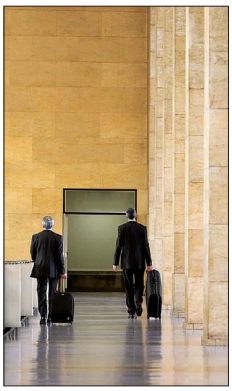

Quartz tiles are built to last, even in high-traffic areas.

Poe gets a proper burial
Edgar Allan Poe, the master of literary gothic horror, has been fêted all year at events marking the bicentennial of his birth. On Sunday in Baltimore, he'll get the funeral he never had: Actors will portray Poe's friends and contemporaries. THE ASSOCIATED PRESS

Travel

Fernie on film

This ski season, B.C.'s Fernie Alpine Resort is looking forward to starring on the big screen. On Feb. 26, 2010, it will celebrate the release of a $60 million US movie called Hot Tub Time Machine, a "retro" ski film set in 1986 that will feature John Cusack and one-piece ski suits. Fernie plays the back drop, and many locals play extras. METRO NEWS SERVICES

TRAVELDESK@METRONEWS.CA

Sunrise to sunset in South Beach

Be seen at the latest glamour hot spots in this Miami enclave

EMMA E. FORREST
Metro World

With its mélange of sandy beaches, crashing ocean, Art Deco buildings and colourful residents, South Beach is a tiny strip of fun just across from mainland Miami. It's the perfect holiday playground whether you're looking to relax in the sun, go shopping, absorb some culture or spend a week clubbing.

GANSEVOORT

Left, taking in the view from a balcony at the Gansevoort South. Right, a view of the Gansevoort's rooftop pool; you can party until 3 a.m. at the pool bar, Plunge.

MONDRIAN HOTEL

The Sunset Lounge at the Mondrian.

See the sunrise: On the beach in front of the Gansevoort South. If you know what's good for you you'll have treated yourself to a night in this majestic new hotel, which comes complete with an enormous sun terrace; three pools; stylish, spacious bedrooms; and even sharks in the 15-metre fish tank in the lobby. You'll have also partied until 3 a.m. at the palm-fringed rooftop pool bar, Plunge — go for a dip if you're in fantastic shape or feeling brave; see ganse voorthotelgroup.com.

Have breakfast: Check out the parade of glamourous pensioners and wannabe gangstas as you tuck into strawberry and banana pancakes on the sunny terrace of The Pelican on Ocean Drive. The Pelican is the first hotel opened by the Italian fashion brand Diesel, pelicanhotel.com.

Take a morning stroll: Walk down Ocean Drive and admire the scenery —the beautiful Art Deco hotels on one side, buff surfers and bikini babes on the beach on the other. If you want a serious guide to the colourful 1930s and 1920s buildings, join one of the daily tours that start at the Art Deco District Welcome Center, mdpl.org. Taking it easy? Play a game of netball on the sand.

Have lunch: Order a huge burger at the 11th St. Diner (Washington Avenue at 11th Street), a stainless-steel eatery dating from 1946 that serves classic diner fare including waffles and milkshakes.

Afternoon activities: Finish walking down Ocean Drive and have your photo taken on the steps of Casa Casuarina, the magnificent villa where fashion designer Gianni Versace was murdered. It's now a posh members-only club and luxury boutique hotel.

Next, explore Washington Avenue, a parallel route that features Art Deco houses and some shops along the way. Stroll north to Lincoln Road Mall at 16th Street, where you can stock up on staples from major chain stores as well as vintage clothing at Fly boutique and quirky homeware at Jonathan Adler. Reward yourself afterwards with a cocktail at one of the many nearby cafés.

Watch the sunset: The Mondrian, an ultra-chic new hotel conceived as a modern fairytale castle by Dutch design virtuoso Marcel Wanders, is on the right side of South Beach for watching the sun go down over the main city.

Order a cocktail and take your pick of the loungers and designer chairs on the ultra glamourous terrace. Forgotten your Rolls Royce or your Paul Smith toothbrush? Buy one at Semi-Automatic, the hotel's unique, outsized vending machine in the lobby.

Dine: If you're feeling flash, stay for dinner at the Mondrian's Asian-Latin fusion restaurant Asia De Cuba, one of the hippest, dressiest joints in town; mondrian-miami.com.

Alternatively, head back to Ocean Drive and install yourself on the terrace of a restaurant like The News Cafe for some top people-watching, as Spring Breaker types in their finest seduction outfits and show-offs in their bouncing low-rider cars cruise past.

Good to know

How to get there: Miami International is a 20-minute drive from South Beach.
When to go: The weather's great all year round, although hurricane season is June to November. For a party buzz, visit during one of many festivals, join the hip art set at Art Basel Miami Beach in December, the world's best DJs and music industry scenesters at the March Miami Winter Music Conference or catch the Latino vibe at the Carnival Miami in March.
Get around: Dollar-Thrifty car hire from $62.09 at dollar.com.
More info: miamiandbeaches.com METRO WORLD NEWS

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Start of the season

If you're already keen to hit the slopes, you don't have long to wait: the official opening date for Mont Tremblant is Nov. 20. Whistler Blackcomb is slated to open on Nov. 26. METRO NEWS SERVICES

Intrawest issues helmet requirements

SAFETY Six months after actress Natasha Richardson died following a fall at the Mont Tremblant ski resort in Quebec, the company that operates the facility has announced helmet requirements at all its North American resorts.

Vancouver-based Intrawest has said that when the ski season begins in a few weeks, it will recommend all skiers and snowboarders wear helmets. The headgear will be mandatory for children and teens enrolled in ski and snowboard programs and for any student, regardless of age, taking part in freestyle terrain park programs.

An Intrawest spokesman said the new rules have been in the works for some time and are not a response to any particular incident.

THE CANADIAN PRESS

Sun Peaks launches Snow Bum contest

KAMLOOPS, B.C. A B.C. ski resort is looking for a ski bum who will brag about the facility to the world. The winner of Sun Peaks Resort's I Want to be a Snow Bum contest must be able to ski or snowboard and have the charisma to woo tourists to the resort through a daily blog and updates on Twitter and Facebook. The contest closes Nov. 15; rules are available at snowbumcanada.com. THE CANADIAN PRESS

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All research protocols have been approved by the Research Ethics Board.

University of Ottawa Institute of Mental Health Research

B.C. ski resorts feel Olympic spinoff

Bookings rise as skiiers try to avoid Whistler this season

Call it Olympic aversion or the Whistler skier spinoff, but what ever the phenomena, other British Columbian ski resorts are happy to help out skiers who want to avoid the Olympic hoopla in Whistler next year.

Several B.C. ski resorts say their bookings have increased for before and during the 2010 Games where Whistler, B.C., will host alpine ski events.

It's a double-digit benefit for the ski mountains of Big White and Silver Star in the Okanagan.

"We're seeing it in increased Christmas bookings, February inquiries are way up," said Michael Ballingall, senior vice president of both mountain resorts.

He said thousands of skiers who usually go to Whistler to ski every day are going somewhere else because of the Olympics.

DON WEIXL/TOURISM BC

A ski school group with a view of snow ghosts, or snow-covered trees, at Big White Ski Resort in B.C.'s Okanagan Valley.

"Those people aren't going to the Olympics, there's a whole new crowd coming in. They're displacing those skiers, they've got to go somewhere."

Dave Brownlie, president and CEO at Whistler Blackcomb, agreed ticket sales are down, but he doesn't begrudge the benefit for other resorts.

"It's not about the 17 days, it's about the 17 years afterwards," Brownlie said, pointing to the infrastructure improvements and long-term publicity the Olympics will generate.

Brownlie said people do have the misconception that the mountain is closed, when in fact, 90 per cent of the mountain will be open during the Olympics.

"If you can get here, it's going to be an amazing time to ski and snowboard," he said.

Brownlie said the barrier is getting access and parking to the mountain and he said that's still being worked out.

Whistler has worked out a compensation agreement with the Vancouver Olympic organizing committee, but he wouldn't discuss details of the agreement.

Sun Peaks Resort, north of Kamloops, B.C., is also expecting more skiers. Resort spokesman Christopher Nicolson called it the "aversion effect" associated with the Olympics as people bypass Whistler. "There's obviously a concern about the hustle and bustle, the security checks, the parking problems, all that kind of stuff associated with the Games."

Mark Dobson, director of sales at Kicking Horse Mountain Resort, said this year will be good and next year will be even better. "There's going to be greater awareness around the Canadian product to the international product because of the Olympics," he said. THE CANADIAN PRESS

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New York Weekend
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Millenium Hiolton + taxes & fees $119
INCLUDES Manhattan accom. Departs Oct 22/ggv/aa.

Whistler
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Dr. Phil's going to be a grandfather
Dr. Phil McGraw is going to be a grandfather. This will be the first grandchild for Dr. Phil and wife Robin, and the first child for their 30-year-old son Jay and his wife, Erica McGraw. PEOPLE.COM

Entertainment

Pricey photos
Madonna has accepted a "substantial" settlement from a British newspaper that published photos of her wedding to Guy Ritchie. The singer was suing for $8 million. PEOPLE.COM

EDITOR: DEAN.LISK@METRONEWS.CA

Polanski loses first battle in extradition

PEOPLE

Polanski

Roman Polanski lost the first round yesterday in his battle to avoid extradition to the United States for having sex in 1977 with a 13-year-old girl.

Already locked in a Zurich cell for the last dozen days, Polanski learned he will remain incarcerated for an extended period as the Swiss Justice Ministry rejected his plea to be released from custody.

Swiss authorities expressed fear he might flee if freed from prison. The director of such film classics as Rosemary's Baby and Chinatown has been wanted by U.S. authorities since fleeing sentencing 31 years ago.

THE ASSOCIATED PRESS

In brief

BOOKS CBC broadcaster Linden MacIntyre and author Anne Michaels are among the finalists for this year's Scotiabank Giller Prize. Vancouver writer Annabel Lyon, Montreal's Colin McAdam, and Toronto author Kim Echlin also made the short list, which was announced yesterday. Worth $50,000, the Giller is Canada's most lucrative literary award. The Giller winner will be announced Nov. 10 in Toronto.

TV CBS has ordered another 13 episodes of CTV's slick Canadian cop show Flashpoint. The Toronto-based series stars Hugh Dillon, Amy Jo Johnson and Enrico Colantoni as members of an elite tactical police unit. The show debuted on both networks in 2008 to solid ratings, and in June, CTV ordered another 13 episodes without its U.S. partner.

THE CANADIAN PRESS

Kenya's**Style**

Kenya Hunt
Read the blog at metronews.ca/kenyasstyle

For complete online movie listings, trailers, reviews and tickets, visit: **metronews.ca/movies**

When movies give thanks

RICHARD CROUSE
for Metro Canada

If aliens learned about Thanksgiving from movies and television, they'd get a skewed idea of what the day is all about. In real life we express our gratitude for life's bounty, but on screen it's a different story.

"Thanksgiving is an emotional holiday," joked Johnny Carson. "People travel thousands of miles to be with people they only see once a year and then discover once a year is way too often."

Being less than thankful for family is a common theme in entertainment. The House of Yes saw queen of quirk Parker Posey ruin Thanksgiving when her favourite brother brings home his fiancée, and in Pieces of April a pre-Cruisized Katie Holmes not only has to deal with a broken stove but a broken family as well.

Home for the Holidays has a heart warming title that promises sweetness and light but director Jody Foster's Thanksgiving tale is anything but an ode to the holiday. It's the family reunion from hell for the Larson family, culminating in fist fights and emotional distress. The film's tone is summed up by Robert Downey Jr. who invites everyone to the dinner table with the words, "Let's eat dead bird!"

The Larsons didn't gel on Turkey Day, but as James D. Turner remarked in Trading Places, "It ain't cool being no jive turkey so close to Thanksgiving," so I dug deeper for examples of film families enjoying the holiday.

Steve Martin and John Candy are an odd couple trying try to get home for Thanksgiving in Planes, Trains and Automobiles.

No luck.

The Ice Storm's backdrop of '70s suburban ennui sets the tone for a tragic climax on Thanksgiving Day and Christina Ricci's acidic prayer. "Dear Lord," she says, "thank you for this Thanksgiving holiday. And for letting us white people kill all the Indians and steal their tribal lands. And stuff ourselves like pigs, even though children in Asia are being napalmed."

Movie feature

Cheery stuff! But not as grim as the Thanksgiving horror trailer from Grindhouse. "White meat, dark meat," cackles the announcer. "All will be carved."

At least Planes, Trains and Automobiles, about odd couple Steve Martin and John Candy trying to get home for Thanksgiving, is jammed packed with laughs, even if Martin isn't the most thankful man.

Also grin worthy is Hannah and Her Sisters, the Woody Allen film book ended by Central Park West Thanksgiving dinners.

If Thanksgiving really was like it is in the movies the only thing we'd be giving thanks for is that it only comes around once a year.

	OT	Vu	SC	C	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
primetime 10/7/09		265	353	2	TVO	Tiger Island (N)	Tiger Island (N)	The Agenda With Steve Paikin		The Street		Human Edge		Agenda-Paikin
		211	331	3	GTV	ET Canada	Entertainment	Bones (HDTV) (N)		Glee "Vitamin D" (N)		Melrose Place "Canon"		News Final
		-	-	5	SRC	Virginie (SC)	L'Épicerie (N)	Le Moment de vérité (SC)		Hauts		Le Téléjournal Nouvelles. (SC)		La Zone (SC)
		209	342	6	CHRO	Degrassi: TNG	TMZ (N)	So You Think You Can Dance		The Middle (N)	Hank (N)	Eastwick (HDTV) (N)		Comedy Now
		196	311	7	CTV	etalk	Dance	America's Next Top Model (N)		Criminal Minds (N)		CSI: NY (HDTV) (N)		CTV News
		208	303	8	CBC	Wheel-Fortune	Jeopardy! (N)	Dragon's Den (HDTV) (N)		The Tudors (N) (DVS)		CBC News: The National		The Hour
		-	360	9	NBC	Wheel-Fortune	Jeopardy! (N)	Mercy (HDTV) (N)		Law & Order: SVU		The Jay Leno Show (N)		News
		117	713	10	TVA	Les Gags	Occupation	Destinées (HDTV) (N) (SC)		Dr. House (HDTV) (SC)		TVA nouvelles	(10:45) Denis Lévesque	
		-	-	11	QS	450 chemin	Rire et délire	Distraction (N) (SC)		Lie to Me: Crimes et Men		Wipe Out	L'Attaque à 5 (N)	
		137	763	12	TFO	Panorama		Photographes de Mao		*Wesh wesh, qu'est-ce qui se passe?* (2001)			Villages	Passions
		-	362	13	CBS	The Insider (N)	Judge-Brown	Old Christine	Gary Unmarr	Criminal Minds (N)		CSI: NY (HDTV) (N)		Two/Half Men
		216	395	14	OMN2	Family Guy	The Office	Omni News: S. Asian Edition		Omni News: Cantonese Edition		Two/Half Men	King	Over the Bolts
		214	344	15	CITY	Law & Order: SVU		Mercy (HDTV) (N)		Modern Family	Cougar Town	The Jay Leno Show (N)		News
		115	343	16	CFMT	Two/Half Men	The Simpsons	Omni News: Italian Edition (N)		Vivere V	Omni News:	The Simpsons	King of the Hill	Metropia
		218	345	18	CHCH	*Honeymoon in Vegas* ★★★ (1992, Comedy) James Caan.				*Singles* ★★★ (1992, Romance-Comedy) Bridget Fonda.				News at 11 (N)
		-	361	20	ABC	Action News	Entertainment	Hank (N)	The Middle (N)	Modern Family	Cougar Town	Eastwick (HDTV) (N)		News
		512	396	24	CPAC	La Période de questions		Heure polit.	L'Heure politique				Revue	Période-quest.
		651	355	25	CTS	Little House on the Prairie		Dr. Quinn, Medicine Woman		100 Huntley Street		Life Today	This Is Day	John Hagee
		-	365	36	FOX	TMZ (N)	Seinfeld	So You Think You Can Dance		Glee "Vitamin D" (N)		FOX 2 News (N)		News
		-	-	64	PBS	Business Rpt.	From the Top	Craft in America (DVS)		Craft in America (DVS)		Blood Detectives		Charlie Rose
		205	312	104	CTV	etalk	Dance	America's Next Top Model (N)		Criminal Minds (N)		CSI: NY (HDTV) (N)		CTV News
news		502	390	26	NW	CBC News	Fortune	CBC News: Tonight (N)		CBC News: The National		Planet Earth		National
		500	500	33	CNN	Lou Dobbs Tonight		Campbell Brown (N)		Larry King Live (N)		Anderson Cooper 360 (HDTV)		
sports		406	417	27	net	(6:30) MLB Baseball National League Division Series Game 1 -- Teams TBA.					Sportsnet Con.	MLB Baseball: ALDS Game 1		
		126	730	28	RDI	24 Heures en 60 minutes		Artisans du changement		Le Téléjournal (SC)		RDI économie	Le National	Le Téléjournal
		400	280	30	TSN	That's Hockey!	NHL Hockey Phoenix Coyotes at Pittsburgh Penguins. (HDTV) (Live)					NHL Hockey: Canadiens at Canucks		
		410	403	52	SCR	RaceNight						WWE Vintage Collection		Score Now
cable variety		411	457	56	OLN	Ghost Hunters		Bounty Hunter	Bounty Hunter	Survivorman		Ghost Hunters		Bounty Hunter
		417	406	59	SC	Pimp My Ride	Pass Time	Amer. Thunder	Pinks Outtakes	Pass Time	Pass Time	Wrecked	Wrecked	Pimp My Ride
family		554	544	48	TEL	Scooby-Doo	Total Drama	Total Drama	6TEEN	Futurama	King of the Hill	American Dad	Futurama	Robot Chicken
		557	540	51	FAM	Wizards-Place	Han. Montana	Zack & Cody	Latest Buzz	Wizards-Place	Life Derek	Ned's School	Cory in House	Zack & Cody
		551	542	65	YTV	Drake & Josh	That's-Weird	Malcolm-Mid.	Hates Chris	8 Simple Rules	What I Like	Family Biz	Prank Patrol	Adrenaline Proj
		570	580	29	MM	The Daily Fix		Ranked!		Wild 'n Out	Wild 'n Out	Gene Simmons	Gene Simmons	The Daily Fix
		615	520	31	A&E	Criminal Minds (HDTV)		Bounty Hunter	Bounty Hunter	Bounty Hunter	Bounty Hunter	Bounty Hunter	Bounty Hunter	Parking Wars
		628	584	32	SPKE	CSI: Crime Scene Invstgtn.		UFC Unleashed		UFC Unleashed (HDTV)		The Ultimate Fighter (N)		Ult. Fighter
		521	560	34	TLC	I Didn't Know	I Didn't Know	I Didn't Know	I Didn't Know	King-Crown	King-Crown	Toddlers & Tiaras (N)		King-Crown
		145	761	35	TV5	Devoir d'enquête		*Ordo* ★★ (2004, Drame) Roschdy Zem.			À comm	Mixeur	Sport	TV5 Le Journal
		616	521	39	SHO	The Outer Limits		The Guard (HDTV)		Found.	Paradise Falls	Bones (HDTV)		NCIS
		620	523	40	BVO	The Achievers	Bravo!Videos	Arts & Minds	O'Reagan File	Wingfield	Star Portraits	Battle of Wills		Law & Order
		520	505	42	DIS	Daily Planet (N)		Pitchmen "Tool Guys" (N)		Mighty Ships		Mayday		Daily Planet
		575	583	43	CMT	Funniest Home Videos		Reba	Reba	According-Jim	According-Jim	Home Improve.	Home Improve.	Due South
		601	562	45	SLC	Rich Bride, Poor Bride		Carlawood	Nearly Dead	Newlywed	Newlywed	In Laws	In Laws	ET Canada
		625	548	46	COM	Air Farce	22 Minutes	Corner Gas	Name Is Earl	The Simpsons	South Park	Just for Laughs Unleashed		Daily Show
		294	529	47	TBS	Family Guy	Family Guy	Law & Order: SVU		The Office	The Office	*American Beauty* (1999, Comedy-Drama)		
		600	564	49	H&G	House Hunters	Property Virgin	Realtor	Intervention	Property Virgin	Unsellables UK	House Hunters	House Hunters	Holmes-Homes
		627	528	50	SPC	Stargate Atlantis (DVS)		Star Trek: Voyager		Torchwood "Meat"		Supernatural "The End"		InnerSpace (N)
		581	566	53	MTV	The City	After	Disaster Date	The Hills	The Hills	The City	The City	After	MTV Live
		618	524	54	TROP	King	King	The Outer Limits		ET Canada	What Happen?	Family Guy	King	King
		522	506	55	HIS	Expedition Africa (N)		Life After People (N)		Ice Road Truckers		Expedition Africa		Outlaw Bikers
		129	773	60	CD	Biographies "Ashton Kutcher"		Voyage d'enfer "Pakistan"		Destr Expr	Vancouver	Preuves à l'appui (HDTV)		Images-chocs
		261	394	61	V	Murder, She Wrote		Keeping Up	Foot in Grave	Doc Martin		Unscripted (N)	Driven, Vision	Poltergeist
		602	567	62	W	Old Christine	Friends	Friends	Grocery Bag	Grocery Bag	Yourself Sexy	10 Years Younger-Challenge		Supersize-Skin
		269	350	70	APTN	APTN InFocus	Reel Insights		Wings-Canada	Canadian Geographic		Chiefs "The Pontiac Rebellion"		Storytellers
		621	527	71	TLK	Look-A-Like	TMZ	The Ellen DeGeneres Show (N)		The View Chris Rock. (N)		The Dr. Oz Show (HDTV)		TMZ
		603	561	95	FN	Ricardo	Fresh-Anna	Food Network: Thanksgiving		Iron Chef America		Chopped (N)		Chef School

critics'corner

CSI: NY
Mac (Gary Sinise) and the team follow the trail of evidence left by a killer (Skeet Ulrich, in a recurring guest role) after two bodies are found, one at the north end of the city and the other at the south. Melina Kanakaredes, Carmine Giovinazzo, Hill Harper, Eddie Cahill and Anna Belknap also star in the new episode "LAT 40 Degrees 47 Minutes N/Long 73 Degrees 58 Minutes W." 10 PM on 13 CBS 7 CTV, 10 PM on 104 CTV

The Tudors
"Pilgrimage of Grace" sounds so benign. But the Catholic uprising in the north of England is far from a nonviolent gathering of the devout. In this new episode, Henry (Jonathan Rhys Meyers) has sent Brandon (Henry Cavill) to deal with the rebellion while he's stuck in bed when his old jousting injury acts up. Never at a loss for something to do in bed, he takes a new mistress: Lady Ursula Misseldon (Charlotte Salt). 9 PM on 8 CBC

Wedding bells in Spanish beauty's future?
Penelope Cruz and her boyfriend, fellow Spanish actor Javier Bardem, are engaged, people.com reports. Cruz's rep had no comment and Bardem's rep said, "I really don't know, but would not be able to say anything even if I did." METRO NEWS SERVICES

Celebrity Buzz

Letterman's Hollywood love-in

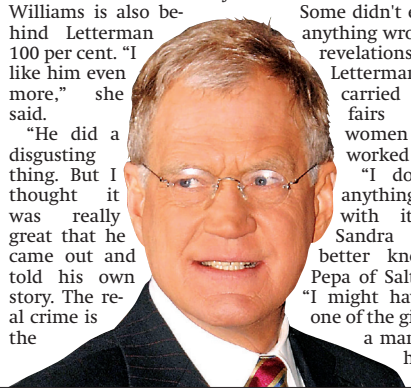
FRIENDS IN HIGH PLACES Now David Letterman knows who his friends are — and there are plenty of them, people.com reports.

At the New York screening of the HBO documentary Good Hair, its star and co-director Chris Rock had nothing but the best to say about Letterman, blackmail scandal or no.

"He's the greatest host in the world," said Rock, 44, at The Cinema Society event sponsored by Target. "I would never make a disparaging comment about David Letterman."

Talk-show host Wendy Williams is also behind Letterman 100 per cent. "I like him even more," she said.

"He did a disgusting thing. But I thought it was really great that he came out and told his own story. The real crime is the blackmail."



Some didn't even see anything wrong with revelations that Letterman had carried on affairs with women who worked for him.

"I don't see anything wrong with it," said Sandra Denton, better known as Pepa of Salt-n-Pepa. "I might have been one of the girls. He's a man … and he's kind of cute!"

Susie Essman, who plays Larry David's foil and best friend's tough-as-nails wife on Curb Your Enthusiasm, admitted she hadn't thought Letterman was a saint before, but she also said people should treat the matter like adults.

"I wasn't like 'Oh, not Dave. It couldn't be!'" she said.

"He had a relationship with somebody. What's the big deal? He wasn't married. He wasn't cheating on his wife."

METRO NEWS SERVICES

Violet-eyed icon needs heart help

DAME ELIZABETH Elizabeth Taylor says she's headed to the hospital for a heart procedure.

The 77-year-old actress tells her followers on Twitter that she is to undergo a "very new" procedure to improve heart function that "involves repairing my leaky valve using a clip device" rather than open-heart surgery.

"Any prayers you happen to have lying around I would dearly appreciate," Taylor wrote yesterday, adding that she plans to inform her 157,389 Twitter followers when the procedure is complete.

THE ASSOCIATED PRESS

Bublé pumps up before shows

LADIES LOVE IT Michael Bublé may be better known for his pipes than his pecs, but both get a workout when the Grammy winner gets set to sing. To clear out his sinuses before performing, "I do push-ups, it opens me up," the Canadian tells people.com. He also admits he wears Breathe-Right strips, but laments that he looks like "such a nerd."

METRO NEWS SERVICES

Lohan's daddy afraid of drugs

FATHERLY CONCERN Michael Lohan is afraid prescription drugs will be the end of his daughter, Lindsay Lohan, and he's vowing to do something about it. "You know why Lindsay's not acting in feature films right now? Because she can't," he said. Because the girl with all the talent is hidden and buried deep inside this fungus that's grown because of the prescription drugs," he tells Radar Online. "I'm going to get her off the prescription drugs that she's on."

METRO NEWS SERVICES

Now Elton can have kid for money … Oh, and a place to live, dad says

THAT'S NICE Elton John can help a Ukrainian child if he financially supports the boy's father, femalefirst.co.uk reports.

Ex-drug addict Sergey, 31 — who is HIV positive and served eight years in jail for murder — will agree to the singer becoming guardian of his son if he also helps him start a new life.

"I'm not against the idea of Elton becoming a guardian. I would be willing to meet him and talk about it," he said. "I don't mind my boy going to Britain to be with Elton — as long as I can go too, so I can take care of him."

Sergey's comments come a day after 15-month-old Lev's mother, Marina — an HIV positive alcoholic who lives apart from Sergey — said she would never give her son to Elton, 62, for money.

Lev and his brother Artyom, three, were both taken to an orphanage in the town of Makeyevka after their parents were deemed unfit to look after them.

Shoemaker Sergey believes his family could be reunited.

He added to Britain's The Sun newspaper: "I know Elton is a rich man. Maybe he could help Marina and me and the boys get an apartment so we could be a family again."

METRO NEWS SERVICES

Shields survives plane 'crash'

OOPS Brooke Shields and Jim Belushi survived a minor plane crash at the famous Hearst Castle a few days ago TMZ reports. San Luis Obispo Sheriff's Dept. tells TMZ Shields and Belushi were being flown to an event at the castle. The Cessna prop plane landed safely, but the pilot forgot to set the parking brake after the plane came to a stop. He was in the back helping the passengers when the plane rolled into a 2010 Buick SUV.

METRO NEWS SERVICES

Security called off at Jackson mausoleum

RIP Just weeks after his burial, the round-the-clock security at Michael Jackson's mausoleum appears to have been scaled back, according to TMZ.

Sources say the private security guards hired to monitor the site at Forest Lawn Memorial Park appear to have left, while Forest Lawn officials insist Jackson's mausoleum is still under 24-hour surveillance.

They also point out that there hasn't been a suspicious incident since the burial.

METRO NEWS SERVICES

Celebrity tweets

Tila Tequila has a very specific activity in mind, and Ricky Martin has a pretty full day.

• @OfficialTila I need a tongue massage very badly right now. That would allow me to rest easy and be free from dark thoughts. TONGUE MASSAGE! GIVE IT 2 ME!

• @ricky_martin pool, lots of sun block, dirty diapers, nap, reading this sad article on children of war, & thinking on the fact that i hv 2 stop eating red meat

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No purchase necessary. Enter daily for more chances to win. Contest open to Canadian residents of legal age, excluding residents of Quebec. Contest closes end of April, 2010. Odds of winning depend on number of entries received. For full contest rules and details, visit www.metronews.ca
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metro

The Weather Network
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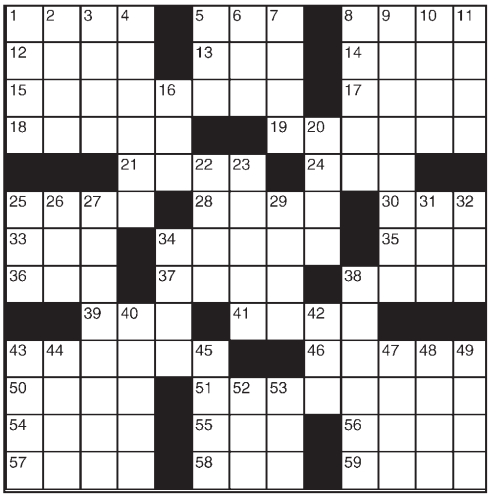
Today Showers 70% 14° / 6°
Thursday Partly cloudy 15° / 10°
Friday Rain 80% 15° / 5°
TAKE THE WEATHER WITH YOU visit mobile.theweathernetwork.com

For more delicious Metro recipes, visit: **metronews.ca/food**

Take Five



ACROSS

1 Mosque VIP
5 $ dispenser
8 Prayer ending
12 Unrivaled
13 Feathery accessory
14 Exceptional
15 Sightseeing stop
17 Determination
18 Hackneyed
19 Brings forth
21 Differently
24 Moreover
25 Punch's partner
28 Knight's backup
30 Totally dominate
33 From — Z
34 Sired
35 Trouble
36 Kitten's comment
37 Reverberate
38 Recognize
39 Born
41 Compared to
43 Unisex top
46 Specter
50 Nano, e.g.
51 Birthplace
54 Gentlewoman
55 Rage
56 Grown-up nits
57 Watchful one
58 Gender
59 Ollie's pal

DOWN

1 Misfortunes
2 Castle protection
3 "— Karenina"
4 Musical hodgepodge
5 Lawyers' org.
6 Anderson's "High —"
7 Create
8 Electric-bulb gas
9 Sale sign
10 Canal zone
11 Trawler gear
16 Gibson or Brooks
20 Expansive
22 Detail, briefly
23 Rowing crew
25 Predicament
26 Multipurpose truck
27 Unpretentious, in the South
29 Milne bruin
31 Court
32 Fresh
34 "Cheers" order
38 Mounds
40 Duck down
42 Honest politician
43 Ocean motion
44 Fix, in a way
45 Anything but that
47 Pace
48 Old Peruvian
49 Paradise
52 Raw rock
53 Tex- — cuisine

Sudoku

For more/less challenging Sudoku puzzles, visit metronews.ca

HOW TO PLAY: Digits 1 through 9 will appear once in each zone – one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.

6					5	7	4	
	7			2		6	1	
1			8					3
				8			3	6
		9				5		
5	3			4				
9					7			2
	4	5		3			6	
	8	1	6					7

PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:

4	3	6	9	8	7	2	1	5
2	8	1	5	6	3	9	7	4
9	5	7	2	1	4	3	6	8
5	6	9	7	3	8	4	2	1
8	7	4	1	2	5	6	9	3
1	2	3	6	4	9	8	5	7
7	1	8	3	9	2	5	4	6
3	9	5	4	7	6	1	8	2
6	4	2	8	5	1	7	3	9

On the web

For more games and 60 additional daily cartoon strips, visit metronews.ca

Metro Recipe of the Day

Crab-Topped Fish Fillets

INGREDIENTS:

4 sole, orange roughy or cod fillets
1 can (6 oz/170 g) crabmeat, drained and flaked or 1 cup (250 ml) imitation crabmeat, chopped
1/2 cup (125 ml) grated Parmesan cheese
1/2 cup (125 ml) mayonnaise
1 tsp (5 ml) lemon juice
Paprika
1/3 cup (75 ml) slivered almonds, toasted

METHOD:

1. Place fillets in greased 13-in. x 9-in. x 2-in. (33 cm x 23 cm x 5 cm) baking dish. Bake, uncovered, at 350 F (180 C) 18-22 minutes or until fish flakes easily with fork.

2. Meanwhile, in bowl, combine crab, Parmesan cheese, mayonnaise and lemon juice.

3. Drain cooking juices from baking dish; spoon crab mixture over fillets. Broil 5 in. (13 cm) from heat for 5 minutes or until topping is lightly browned. Sprinkle with paprika and almonds.

SERVES 4

rd.ca

For nutritional information on this and other great recipes, go to rd.ca or check out Key Ingredients in this month's Reader's Digest, on newsstands now!

Horoscopes by Sally Brompton sallybrompton.com

For Sally's expanded daily and weekend horoscopes, visit metronews.ca

ARIES ♈
MARCH 21-APRIL 20
A relationship that has suffered some neglect will be on your mind today. It can still be successful but only if you are prepared to work at it.

TAURUS ♉
APRIL 21-MAY 21
What you say and do over the next 24 hours will determine the level of success you enjoy over the next few weeks.

GEMINI ♊
MAY 22-JUNE 21
Your ambitions may seem impractical to some but what do they know and what do you care? Get ahead and stay ahead.

CANCER ♋
JUNE 22-JULY 22
You are worrying for no good reason about how much something is going to cost. If it is what you truly desire then don't worry about the financial side.

LEO ♌
JULY 23-AUG 23
The message of the stars for you today is that you need to learn how to appreciate what you already possess.

VIRGO ♍
AUG 24-SEPT 22
Your daily routine is making too many demands on your time and your energy and you need to find ways to break this negative cycle.

LIBRA ♎
SEPT 23-OCT 23
What do you want out of life? Why are you not getting it? Most likely it's because you are spending too much time on matters of lesser importance.

SCORPIO ♏
OCT 24-NOV 22
Do partners and loved ones feel as good about themselves as you feel about yourself? Point out all the wonderful things they possess.

SAGITTARIUS ♐
NOV 23-DEC 21
Keep in mind at all times that the things you focus on today are the things you will most likely be doing tomorrow, so don't limit your horizons.

CAPRICORN ♑
DEC 22-JAN 20
Finances are under good stars at the moment and the advice you get from a trusted friend could make you some big bucks before the end of the year.

AQUARIUS ♒
JAN 21-FEB 18
Do you fantasize about running away and starting again from scratch? Take charge of your life and make it so you don't need to run away. Do it today.

PISCES ♓
FEB 19-MARCH 20
You're in one of your conspiracy moods and will go all out to discover what "the powers that be" are trying to keep from you.

TAKE A BREAK FROM WORK

Visit metronews.ca to watch metrotube of the day

This day in history

OCT. 7, 1763: George III of Great Britain issues British Royal Proclamation of 1763, closing aboriginal lands in North America north and west of Alleghenies to white settlements.
OCT. 7, 1840: Willem II becomes King of the Netherlands.
OCT. 7, 1944: World War II: Uprising at Birkenau concentration camp, Jews burn down the crematoria.
OCT. 7, 1982: Cats opens on Broadway and runs for nearly 18 years before closing on September 10, 2000.
OCT. 7, 2003: Gray Davis is recalled as Governor of California, three years before the official end of his office term. Arnold Schwarzenegger is elected Governor.

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- J.D. POWER AND ASSOCIATES

Limited model shown

GL with Sport Package model shown

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2009 TUCSON L

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Limited model shown

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Limited model shown

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Rockland, 613-446-2220

Pathway Hyundai
1375 Youville Dr.
Orleans, 613-837-4222

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164 Robertson Rd.
Ottawa, 613-721-4567

GRADUATE REBATE PROGRAM

The Hyundai names, logos, product names, feature names, images and slogans are trade marks owned by Hyundai Auto Canada Corp., and used under licence. ♦Last year's starting price is the lease/finance starting price as of December 2008 for a 2009 Elantra L/2009 Tucson L/2009 Santa Fe 2.7L GL. Prices for models shown: 2009 Elantra Limited of $20,295/2009 Tucson Limited of $27,495/2009 Santa Fe Limited of $32,445. ¥Prices for models shown: 2009 Elantra Touring GL with Sport Package is $21,195/2010 Sonata Limited model shown is $30,499. ♦♦Delivery and Destination charges of $1,495 for 2009 Elantra/$1,495 for 2009 Tucson/$1,695 for 2009 Santa Fe/$1,695 for 2010 Sonata/$1,695 for 2009 Genesis Sedan/$1,695 for 2009 Genesis Coupe/$1,695 for 2009 Veracruz. Prices exclude registration, insurance, licence fees and all applicable taxes. ♦♦♦Offers available for a limited time and subject to change or cancellation without notice. See dealer for complete details. Dealer may sell for less. Inventory is limited, dealer order may be required. ◊The Hyundai Elantra received the lowest number of problems per 100 vehicles among compact cars in the proprietary J.D. Power and Associates 2009 U.S. Initial Quality Study℠. Study based on responses from 80,930 U.S. new-vehicle owners, measuring 245 models and measures opinions after 90 days of ownership. Proprietary study results are based on experiences and perceptions of owners surveyed in February-May 2009. Your experiences may vary. Visit jdpower.com. †Fuel economy comparison based on combined fuel consumption rating for the 2010 Sonata GL auto (8.0ZL/100km) and 2009 EnerGuide combined fuel consumption ratings for the full size vehicle class. Fuel Consumption for 2010 Sonata GL automatic (HWY 6.2L/100km, 46 mpg; CITY 9.5L/100km, 30 mpg) is based on manufacturer testing. Actual fuel consumption may vary based on driving conditions and the addition of certain vehicle accessories. ‡You may qualify for an additional incentive ($300 in B.C.) if you turn in your 1995 model year and older vehicle and participate in the national Retire Your Ride program, funded by the Government of Canada. To qualify, your vehicle must be 1995 model year or older, in running condition, registered and insured in your name for the last 6 months and pass provincial emissions inspection. Limit one rebate per household. Rebate is applicable to the after-tax purchase price of your new Hyundai vehicle. By participating in this program you will not be eligible for any trade-in value for your old vehicle. For more information about the Retire Your Ride Program visit www.retireyourride.ca. Some conditions apply, see dealer for details. ΔSee your dealer for eligible vehicles and full details of the Graduate Rebate Program. ††Hyundai's Comprehensive Limited Warranty coverage covers most vehicle components against defects in workmanship under normal use and maintenance conditions.